



BALANCE • PERFORMANCE • RESULTS

MONEY DISTINCTIONS

Consider that money is energy to be exchanged. It reflects our self worth or our lack of self worth.

The less we have, the less we have to deal with our self worth. Too much money can create problems around self worth as well. You can hide behind money. You can use money to protect you from people. Your survival mechanism can have you be rich or poor. Neither place is powerful when it comes from fear.

Your panic around money (keeping it, getting it, losing it) is a mirage. It hides what is really going on.

You have a purpose. You have a gift. It is worth money to others. There are people who are willing to exchange your energy for their money – lots of them, if you want to have that many conversations.

Pick a dollar number. Pick a date. Get in action. Use your resources. Get in relationship with others. Go for a money goal. It can be big or small. But do get in the game.

Have a high level of personal well being. Clean up the places where you are out of integrity. These are the two fundamental building blocks for your new and healthy relationship with money. Work for and deserve the money you make. Have honor with and for your money.

Be grateful for this moment. Have humility for the opportunity of your life. Quit chasing or worrying about money. That is a waste of this moment and your life.

Be aware of your skills. Serve others. Support others. Balance your life and your work. Have some money connected to all of the above.

Have faith about money.

It worked out last month, last year and ten years ago. You are still here. It will probably work out again this week, next month and ten years from now.

The question is, how much of your energy will you spend on worry, which, by the way, does not make you money?

You can play the money game or be played by the money game. It is your choice. Source or victim? Choose.

Likely, you are nine kinds of wonderful and deserve so much more money than you allow yourself to have. If you got your greatness and accepted the money that reflects that, you would have to get a bigger account for your money. And, if you have too much money, share some of it, okay?

Lastly, life is not all about money, and money is a part of our world, so deal with it in a healthy balanced way. 😊

Hans Phillips